**Boys Volleyball 2025: Pre-Season Information**

**Open Gyms:**

* Open gyms will be held on the following dates:

July 17th, July 24th, July 31st, August 7th, and August 14th.

They will be held at the middle school from 10am-12pm.

**Tryouts:**

* **First day of tryouts will be August 25th**

Below is the first week of dates for our season:

August 25th: 3pm-5pm @ High School

August 26th: 3pm-5pm @ High School

August 27th: 3pm-5pm @ High School

August 28th: 3:15pm- 5pm @ High School

August 29th 3pm-5pm @ High School

August 30th: Pre-season scrimmage at Jamesville Dewitt

Athletes are asked to go to the side gym door (red door) and knock. Coach will let athletes in at 2:50pm for practice.

**Sports Physicals:**

* All players need a sports physical by their physician or through the school before the season starts.
* Players cannot participate until their physical is completed, sent to the nurse and the nurse approves them through Family ID.

**Signing Up on Family ID:**

* To participate, all players must sign up through <https://account.students.arbitersports.com/>
* Sign-ups will begin roughly a month before the season starts. If you have any issues signing up, please see the school’s athletics page.

If you have any questions or concerns, please feel free to reach out to me.

Coach Byrnes: [kbyrnes@cssdapps.org](mailto:kbyrnes@cssdapps.org)