

Modified Girls Volleyball: Pre-Season Info

Summer Camp

- August 5th and 7th from 6-8 pm at Central Square Middle School Gym

Tryouts

- **First Day of Tryouts:** November 3rd, 2025
- **Practices**
 - Practices will be held each school day after school from 3:00pm - 5:00pm.
 - After practice students need to get picked up from practice. There are no sports buses this year due to budget cuts.
- **Location of Practices:** Central Square Middle School gymnasium
- **What to Wear:**
 - T-shirt, shorts, sneakers, knee pads (if you have them)
 - We encourage players to wear a shirt with their name on it but this is not a requirement.

Sports Physicals

- All players need a sports physical by their physician or through the school before the season starts.
- Players cannot participate until their physical is completed, sent to the nurse and the nurse approves them through Family ID.

Signing Up for Soccer (Family ID)

- To participate, all players must sign up through <https://account.students.arbitersports.com/>.
- Sign-ups will begin roughly a month before the season starts.
- If you have any issues signing up, please contact the [athletic department](#).

If you have any questions or concerns, please contact one of the coaches below.

Thank You,

Coach Daniels
jdaniels@cssdapps.org

Coach Clary
dclary@cssdapps.org

To receive updated information regarding tryouts as well as to sign up for our Summer Camp, please fill out this form by July 31st.

Volleyball Information

