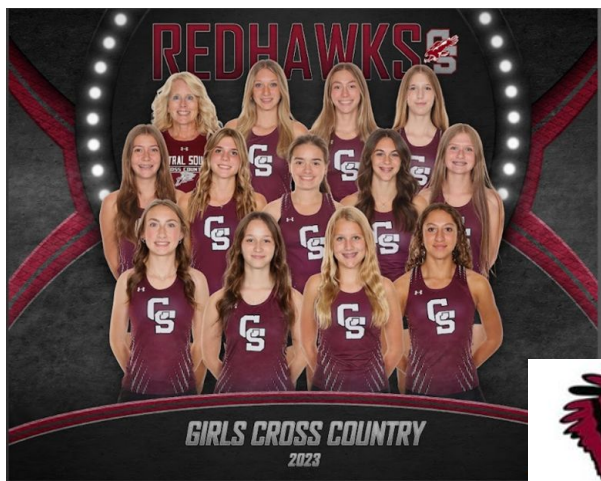


# Central Square Cross Country



The CS cross country program is interested in runners of all experience and skill levels. Our schedule allows for all team members to compete several times throughout the season against appropriate competition. Whether you are a seasoned veteran, entirely new to running, or looking to get in shape for future competitive seasons, the CS XC experience can provide all the needed tools to reach your goals.

## Contact Coaches:

[whansen@cssdapps.org](mailto:whansen@cssdapps.org) (Boys Varsity XC Coach)

[shansen@cssdapps.org](mailto:shansen@cssdapps.org) (Girls Varsity XC Coach)

[kschulz525@gmail.com](mailto:kschulz525@gmail.com) (Boys Mod XC Coach)

[jbecker@cssdapps.org](mailto:jbecker@cssdapps.org) (Girls Mod XC Coach)

**We would love to have you on the team!**