

CENTRAL SQUARE CENTRAL SCHOOL DISTRICT

Paul V. Moore High School Dr. Heidi Sweeney Executive Principal/Director of Counseling and Pathways to Success

 Assistant Principals

 Melissa Sisco
 Christopher Soluri
 Damon Villnave

Dear Parents/Guardians:

Vaping has become very popular among teenagers, and even though vaping may avoid some of the cancer causing ingredients that occur when you light traditional tobacco cigarettes, there are still many other risks that occur because of vaping. Although vaping has not been around for a significant period of time like cigarettes, there are health effects that should be considered:

- Lung function
- ➤ Heart Problems
- Poisoning and Choking
- ➤ Vapes are blowing up...literally

Our goal is to provide you with resources that are available to help your child. If you know that your child may be vaping, **the BEST RESOURCE may be your child's pediatrician** because of the potential adverse and addictive side effects from ongoing use.

<u>Resources:</u> (Please click on any of the titles in blue):

Center for Disease Control and Prevention	www.cdc.gov
Truth Initiative	www.trughtinitiative.org
American Lung Association	www.lung.org
Smokefree Teen	www.smokefree.org
<u>ReThinkVape</u>	www.ReThinkVape.org

Our intent is to work with you and your child to provide education on the subject of vaping and the effects it can have on your child's mental and physical health. If at any time you have questions or concerns, please feel free to contact us here at Paul V. Moore High School. Your child's safety is our number one priority.

Best regards, Paul V. Moore High School Administrative Team