

Pop Tart

Brown Sugar and Cinnamon

Nutrition Facts		
Serving size: 2 pastries (100g)		
Servings Per Container 1		
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Amount Per Serving		
Calories 420	Calories from Fat 130	
		% Daily Value*
Total Fat 14g		22%
Saturated Fat 7g		35%
Trans Fat 0g		
Cholesterol 0 mg		0%
Sodium 340mg		14%
Total Carbohydrates 69gm		23%
Dietary Fiber 1g		4%
Sugars 31g		
Protein 5g		
Vitamin A 20%	Vitamin C 0%	Calcium 0%
Iron 20%	Thiamin 20%	Riboflavin 20%
Niacin 20%	Vitamin B6 20%	Folic Acid 20%

* Percent Daily Values are based on a 2000 calorie diet.

Ingredients: Enriched Wheat flour, Brown Sugar, Vegetable Oil, Cottonseed, Palm, Palm Kernal, Soybean, Partially Hydrogenated soybean and/or Dextrose, High fructose Corn Syrup, Cracker meal, Salt, Cornstarch, Leavening, Cinnamon, Wheat Starch, Gelatin, Caramel Color, Soy Lecithen, Niacinamide, Reduced Iron, Vitamin A Palmitate, Pyridoxine Hydrochloride, Thiamine Hydrchloride, Folic Acid.