

Peanut Butter and Jelly "Uncrustables"

Nutrition Facts		
Serving size: 1 sandwich (80g)		
Servings Per 1		
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Amount Per Serving		
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Calories 320	Calories from Fat 150	
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% Daily Value*		
Total Fat 16g		25%
Saturated Fat 3.5g		17%
Trans Fat 0g		
Cholesterol 0 mg		0%
Sodium 320mg		13%
Total Carbohydrates 33gm		11%
Dietary Fiber 3g		10%
Sugars 13g		
Protein 10g		
Vitamin A 0%	Vitamin C 0%	Calcium 2%
Iron 8%		
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* Percent Daily Values are based on a 2000 calorie diet.		

Ingredients: **Bread:** Enriched Unbleached Flour (Wheat flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water. Unbleached Whole Wheat Flour, High Fructose Corn Syrup, Yeast, Partially Hydrogenated Soybean Oil, Contains 2% or less of the following: Wheat Gluten, Salt, Carmel Color, Dough Conditioners, Yeast Nutrients, Calcium Propionate, Corn Starch, Enzymes.

Peanut Butter: Peanuts, Dextrose, Sugar, Contains 2% or less of the following: Partially and Fully Hydrogenated Vegetable Oils, Salt, Molasses, Mono and Diglycerides

Grape Jelly: Grape Juice, High Fructose Corn Syrup, Corn syrup, Contains 2% or less of the following: Pectin, Citric Acid, Potassium Sorbate, Sodium Citrate.